Pork Chop with Applesauce

With great pork, there is no need to be too fancy. However, a few tips and twists keep this classic a juicy steak rather than the shoe leather.

Ingredients for 1 Chop (adjust accordingly)

1 pork chop (bone-in)

1 Tablespoon olive oil

1-2 sage leaves, fresh

1 clove fresh garlic, thinly sliced

- 1. Salt a thick pork chop an hour or 2 before cooking. Allow to rest uncovered in fridge. Pat dry with paper towels to thoroughly dry the surface. (Or, if in a hurry, salt the chop seconds before searing).
- 2. In thick skillet over medium-high heat, briefly sauté the sage and garlic slices in olive oil. Remove and reserve to top the finished chop.
- 3. Leave oil in the skillet. Add chop to skillet over medium-high heat. Flip every 30 seconds or so until browned and crusty on both sides.
- 4. Check for doneness. For juiciest and most flavorful chop, cook until internal of just 135-140 (a perfectly safe temperature even according to the USDA and resting will bring up a 135 to 140). If chop is browned but needs a little more cooking, move to a 225 F oven for a few minutes. Allow to rest 5 minutes before cutting.

Pan Sauce for 1 (adjust accordingly):

1 Tablespoon of the fat & drippings from the skillet

¼ cup of unsweetened or sweetened apple sauce

1 Tablespoon additional apple sauce

¼ teaspoon black pepper

1 Tablespoon unsalted butter, cold

salt to taste

- 1. While chop is resting, sauté all the ingredients in skillet over mediumhigh heat for about 2 minutes until thickened.
- 2. Remove from heat and stir in cold butter until melted.
- 3. Add 1 tablespoon more of applesauce and stir until mixed.
- 4. Taste for salt.
- 5. Pour over chop and top with the fried sage leaves and garlic slivers.